## 2022-2023 **Core Essentials Character Traits**

#### August

Honor

September

Trust

### October

Grit

November

Courage

December

Joy

January

Knowledge

February

Respect

March

Forgiveness

April

Humility

May

Determination



B.S.Ed

A Ed

AUGUST 2022 | LION

Letting someone know you see

how valuable they really are

Doctor of Education

AUGUST

Character

Trait!

place

## JAN SCHIFF ELEMENTARY SCHOOL Dr. Greg Foulds, Principal

Felicia Blair, Assistant Principal

Counselo

orner

# Counselor's Corner A. Jackson, School Counselor

**ABOUT Your School Counselor...** I am a Georgia Native. I do not have any relatives here in Texas other than my husband's folks. But, I've grown to love **THE BIG STATE**, Texas, (except for the heat)... I love Houston with all of its diversity! However, before the pandemic, I traveled home at least 4-5 times a year. Georgia is always on my *mind LOL:*) We, B. Keith Jackson, Sr. who is native of Plano, TX, and I have two sons. My oldest son, Brenton Keith Jackson, Jr. "BK" is a college sophomore and my "baby" son Bryce Kristopher is a Senior in high school. Also, we have a 110 pounds Chocolate Lab; his name is Browny King Jackson. In my spare time, I enjoy reading, cooking, and my new hobby is gardening... I am looking

forward to having an AWESOME YEAR! Within the next few weeks I will come around to each class to introduce myself. IT's sooooo good having everyone back.

**3 Quick Ways to Calm Down and Relax** Slowly take 10 Deep Breaths Read a book **Color with crayons** 

#### **5. KEEP LEARNING** LEARNING HAS NO LIMITS **6. ATTITUDE IS EVERYTHING** YOUR ATTITUDE DETERMINES YOUR DIRECT 7. STAY STRONG **BE BRAVE, BE STRONG, BE FEARLESS**

8 POWERFUL WORDS

for the best team in FBIS

**1. BE YOURSELF** 

**BE YOURSELF EVERYONE ELSE IS TAKEN** 2. DO IT

ALL THINGS ARZ DIFFICULT BEFORE THEY ARE EASY **3. BE POSITIVE** 

THINK POSITIVE AND POSITIVE THINGS WILL HAPPEN

**4. LEARN FROM MISTAKES** EVERY MISTAKE YOU MADE IS PROGRESS

8. KEEP SMILING ALWAYS SMILE IT MAKES YOUR LIFE BEAUTH

# **Gifted and Talented Information**

Is your child exceptionally bright and seem far more advanced when you compare them to their peers? Consider referring your child for testing to see if they will qualify for the FBISD Gifted and Talented Program. FBISD is accepting GT referrals online from August 10th -September 30th. Please click the link below to refer your child. https://gt.fortbendisd.com/

All referrals must be submitted online by 9/30/2022.